



Georgia Department of Education School Nutrition

| Triennial Assessment Tool | | | |
|--|---|-------------------------------------|--|
| Date of Assessment: 06.27.2022 | Name of School District: Cirrus Academy Charter School | | Number of Schools in District: 1 |
| Nutrition Education Goal(s): | Goal Status (select one): | Number of Compliant Schools: | Notes: |
| 1. Nutrition education is a vital part of our school culture. | On-going | 1 | Nutrition Education at Cirrus Academy will be presented on a weekly basis to our staff, scholars and parents during the morning news segments lead by the news team. Nutritional information will be provided by the Director of Nutrition. Food marketing trainings were added to the monthly staff meetings educating them on what foods and beverages can be sold on campus in accordance with the Local Wellness Policy and Smart Snack standards. |
| 2. Harvest of the Month Promotional | Completed | 1 | Offer Harvest of the month and continue to promote Georgia Grown. |
| 3. Reading food labels in Health/PE | In Progress | 1 | Set schedule for classroom delivery of materials. |
| 4. Participate in at least one planned Nutrition Promotion event or activity per year. (Example: World Milk Day in September, National School Lunch Week in October, Milk@EveryMeal, National Pizza Day, National Heart Month or any other nationally-recognized theme celebrations. | Completed | 1 | Participated in National School Lunch week in October 2021. |

This institution is an equal opportunity provider.

August 2019



Georgia Department of Education School Nutrition

| | | | |
|---|----------------------------------|-------------------------------------|---|
| 5. School Garden | Completed | 1 | Created a mini garden box outside in the atrium area. Planted broccoli, kale, collards, squash and tomatoes. Used Miracle Grown soil and potting products. |
| Nutrition Promotion Goal(s): | Goal Status (select one): | Number of Compliant Schools: | Notes: |
| 1. Water will be made available during all meal times | Completed | 1 | All employees have been trained to make water available during meal times. Random audits are done to verify this process is followed. Touchless water faucets have been installed to provide safety for scholars and staff. |
| 2. Classroom snacks will be Smart Snack compliant. | Partially Completed | 1 | The administration team, school personnel, board members, parents and school nutrition employees are aware that all classroom snacks provided to CACS scholars are Smart Snack compliant. There is continuous ongoing training when questions and events arise. |
| 3. Food based fundraising will be Smart Snack compliant | Partially Completed | 1 | The administration team, school personnel, board members, parents and school nutrition employees are aware that all classroom snacks provided to CACS scholars are Smart Snack compliant. There is continuous ongoing training when questions arise concerning student vending machines, the student store, ice cream sales, and other fundraisers during the school day. |

This institution is an equal opportunity provider.

August 2019



Georgia Department of Education School Nutrition

| | | | |
|---|----------------------------------|-------------------------------------|--|
| 4. Advertise only nutritious food, as defined in LWP, in classrooms and cafenadium. | In Progress | 1 | The administration team, school personnel, board members, parents and school nutrition employees are aware that all branded display items are displayed in various scenic locations. |
| Physical Activity Goal(s): | Goal Status (select one): | Number of Compliant Schools: | Notes: |
| 1. Clubs and Sports activities offered to scholars | In Progress | 1 | Various clubs and sports are offered to scholars to get them moving and active during and outside school settings. Parents and community partners are involved. |
| 2. Fuel Up to Play 60 | Completed | 1 | Have applied for and been granted funding from Fuel Up to Play 60 every year. Physical activity centered celebrations have engaged our scholars. For example: Walk or bike to school incentive sponsored by the local Department of Health. Because of our location scholars and staff have physically walked the campus as a group. |
| 3. Regularly scheduled standards based PE classes are delivered to all grades. | Completed | 1 | Scholars receive minimum 20 – 45 minutes of physical activity daily during recess, PE/Health connections or other activities. |

This institution is an equal opportunity provider.

August 2019



Georgia Department of Education School Nutrition

| | | | |
|---|----------------------------------|-------------------------------------|---|
| 4. Created a 4 mile Walking Trail | Completed | 1 | Inspired by Walk to School promotion via Department of Health, we created a Walk at School promo. Scholars, staff and community partners are encouraged to walk the trails in our gated facility. |
| Other School-Based Activities that Promote Student Wellness Goal(s): | Goal Status (select one): | Number of Compliant Schools: | Notes: |
| 1. CACS will have a designated wellness officer. | On-going | 1 | Bridge Academy Coordinator will function as wellness officer and work closely with other employees whenever possible to plan school wide mental health wellness events. |
| 2. Students are offered frequent opportunities to give feedback on menus | In-Progress | 1 | Scholars are given surveys provide feedback about menu and favorite food items. |
| 3. District wide opportunities for middle school to participate in culinary competition | Completed | 1 | Family and consumer science partnership to support students in culinary competitions |
| Nutrition Guidelines for All Foods and Beverages Sold to Students | Status (select one): | Number of Compliant Schools: | Notes: |
| 1. Moderate sodium | In-Progress | 1 | The administration team, school personnel, board members, parents and school nutrition employees will be advised on appropriate sodium limits. |

This institution is an equal opportunity provider.

August 2019



Georgia Department of Education School Nutrition

| | | | |
|---|-----------------------------|-------------------------------------|---|
| 2. Low Saturated Fat | In-Progress | 1 | The administration team, school personnel, board members, parents and school nutrition employees will be advised on saturated fat restriction. |
| 3. Zero Grams Trans-Fat | In-Progress | 1 | The administration team, school personnel, board members, parents and school nutrition employees will be advised on zero trans-fat guidelines. |
| 4. Smart Snack Compliant | Completed | 1 | The administration team, school personnel, board members, parents and school nutrition employees have been advised on regulatory compliance regarding Smart Snacks. |
| Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i> | Status (select one): | Number of Compliant Schools: | Notes: |
| 1. Classroom Parties – recommended party ideas in Wellness Policy | Completed | 1 | Discussed with the administration team, school personnel, board members, parents and school nutrition employees. |
| 2. Discussion and recommendations on how to use alternate options for rewarding scholars | Completed | 1 | Discussed with the administration team, school personnel, board members, parents and school nutrition employees. |
| 3. PBIS – Use of Eagle Bucks for Smart Snack Items and healthy options | Completed | 1 | Discussed with the administration team, school personnel, board members, parents and school nutrition employees. |
| Policies for Food and Beverage Marketing | Status (select one): | Number of Compliant Schools: | Notes: |

This institution is an equal opportunity provider.

August 2019



Georgia Department of Education School Nutrition

| | | | |
|---|------------------|----------|--|
| <p>1. Implementing at least ten or more evidence-based healthy food promotion techniques through the school meal programs using marketing and merchandising strategies.</p> | <p>Completed</p> | <p>1</p> | <p>Whole fruit options are displayed in attractive bowls or baskets (instead of chaffing dishes or hotel pans). Sliced or cut fruit is available daily where appropriate (apples, oranges, etc.) Daily fruit options are displayed in sight and reach of students.</p> |
| <p>2. Any foods and beverages marketed or promoted to students on the school campus during the school day, will meet or exceed the USDA Smart Snacks in School nutrition standards such that only those foods that comply with or exceed those nutrition standards are permitted to be marketed or promoted to students</p> | <p>Completed</p> | <p>1</p> | <p>Discussed with Admin and Leadership team.</p> |

| | |
|---------------------|--|
| Key | |
| Completed | select if you have met this goal at all schools |
| Partially Completed | select if one or more schools has met this goal |
| In Progress | select if you are working on the goal, but none of the schools have met the goal |
| Not Completed | select if you have not begun working on this goal |

| | | |
|-----------------------------------|-------------------------|---------------|
| Wellness Policy Leadership | Title and School | Notes: |
|-----------------------------------|-------------------------|---------------|



Georgia Department of Education School Nutrition

| | | |
|--|-----------------------------------|--|
| <i>Name of school official(s) who are responsible to ensure compliance.</i> | | |
| 1. Brenda Edwards | Chief Academic Officer | Responsible for all noncore curriculum standards implementations and trainings |
| 2. Willie Goolsby | Health/Physical Education Teacher | Policy review, physical education and activity guidance |
| 3. Wendy Brinson Grimes | Director of School Nutrition | Policy review, policy assessment, policy implementation and oversight |
| 4. Dr. Ervin Clowers | School Nutrition Dietitian | Policy review, nutritional guidance, policy assessment, community representative |
| 5. Dr. Gail Morris Fowler | CEO/Superintendent | Policy implementation and oversight |
| Wellness Committee Involvement <i>List of committee members names (2022)</i> | Title and Organization | Notes: The 2022 Committee will encompass individuals from all recommended areas |
| 1. Jarvis Adside | Eagles Bridge Academy Coordinator | Policy review |
| 2. Melinda Martin Coley | Office Manager | Policy review, student representative |
| 3. Albert Rogers | Board Member | Policy Review |
| 4. Antoin Clowers | Cafeteria Supervisor | Policy Review |
| 5. Delphine Harris | Cafeteria Manager | Policy Review |
| 6. Sheila Hogan | Parent | Policy Review, parent representative |
| 7. Brian Thomason | School Nurse | Policy Review |
| 8. Willie Goolsby | Director of Athletics | Policy Review and physical activity guidance |
| 9. Diane Freeman | Compliance Officer | Policy Review |
| 10. Lywante Bonner | Academic Dean/PBIS Coordinator | Policy Review |
| 11. Joann Binns | Dean of Students | Policy Review |

This institution is an equal opportunity provider.

August 2019



Georgia Department of Education School Nutrition

| Public Notification <i>Where it is posted i.e. webpage, handbook, etc.</i> | How often it is updated/released: | Notes: |
|--|--|---|
| 1. Posted on district website and under Nutrition Page | Annually | |
| 2. Communications Department | Annually | District wide email blast – parents and employees |
| 3. Parent/Student Handbook | Annually | |

Optional Summary Report of Triennial Assessment *(include a summary of the extent to which schools are in compliance with the wellness policy, the extent to which the wellness policy compares to model wellness policies, and a description of the progress made in attaining the goals of the wellness policy):* Cirrus Academy Charter School has been very successful in our nutrition program. We will continue to increase ways to measure our goals with all of the policies as we move into the new school year. Meetings for the wellness committee have been scheduled and will commence each quarter. Changes and suggestions will be discussed with committee members, board members and staff.

This institution is an equal opportunity provider.

August 2019