

Mon	Tue	Wed	Thu	Fri
	1 WG Biscuit 2 oz Sausage 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	2 WG Super Bun 2 oz Cheese stick 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	3 WG Pancake 2 oz Link 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	4 WG Cereal 1 oz Crackers 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.
7 WG Cereal 1 oz Crackers 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	8 WG Biscuit 2 oz Chicken 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	9 WG Super Bun 2 oz Cheese stick 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	10 WG French Toast 2 oz Link 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	11 NO SCHOOL!
14 WG Cereal 1 oz Crackers 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	15 WG Biscuit 2 oz Sausage 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	16 WG Super Bun 2 oz Cheese stick 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	17 WG Pancake 2 oz Link 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	18 WG Cereal 1 oz Crackers 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.
21	22	23	24	25
THANKSGIVING HOLIDAY				
28 NO SCHOOLS!	29 WG Biscuit 2 oz Chicken 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	30 WG Super Bun 2 oz Cheese stick 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	31 WG French Toast 2 oz Link 1 oz Fruit ½ c. 100% Fruit Juice 4 oz Milk 1 c.	

