



# Cirrus Breakfast Menu November 2024

Mon	Tue	Wed	Thu	Fri
				<b>1</b> WG Super Donut or Pop Tart Cheese Stick ½ c. Fruit 100 % Juice 1% Milk
<b>4</b> WG Cereal w. Crackers or 2 oz. Sausage Biscuit ½ c. Fruit 1% Milk	<b>5</b> <b>Asynchronous Day</b>  <b>“GET OUT AND VOTE”</b>	<b>6</b> WG Cereal w. Crackers or Cheese Toast ½ c. Fruit 1% Milk	<b>7</b> WG Cereal or WG 2 oz. French Toast 2 oz. Sausage Link ½ c. Fruit 100% Juice 1% Milk	<b>8</b> WG Super Bun or Breakfast Bar Cheese Stick ½ c. Fruit 100 % Juice 1% Milk
<b>11</b> WG Cereal w. Crackers or 2 oz. Chicken Biscuit ½ c. Fruit 1% Milk	<b>12</b> WG Cereal or 1/2c Cheese Grits 1/2c. Fruit 100 % Juice 1% Milk	<b>13</b> WG Cereal w. Crackers or Cheese Toast ½ c. Fruit 1% Milk	<b>14</b> WG Cereal or WG 2 oz. Pancake 2 oz. Sausage Link ½ c. Fruit 100% Juice 1% Milk	<b>15</b> WG Super Bun or Breakfast Bar Cheese Stick ½ c. Fruit 100 % Juice 1% Milk
<b>18</b> WG Cereal w. Crackers or 2 oz. Sausage Biscuit ½ c. Fruit 1% Milk	<b>19</b> WG Cereal or 1/2c Cheese Grits 1/2c. Fruit 100 % Juice 1% Milk	<b>20</b> WG Cereal w. Crackers or Cheese Toast ½ c. Fruit 1% Milk	<b>21</b> WG Super Donut or Breakfast Bar Cheese Stick ½ c. Fruit 100 % Juice 1% Milk	<b>22</b> <b>Asynchronous Day</b>
<b>25</b> 	<b>26</b> 	<b>27</b> 	<b>28</b> 	<b>29</b> 

- Menu subject to change